

SERENITY
WOMEN'S
CLINIC



SERENITY AT EACH STEP

Polynucleotides

aftercare



Procedure

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Contact details:

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SERENITY WOMEN'S CLINIC



Swelling is common post treatment and may take up to 2 days to settle



Refrain from touching or massaging the injected area for the first 48 hours



Refrain from drinking alcohol in the first 24 hours



Avoid heavy exercise in the first 24 hours



Drink plenty of water post treatment to keep hydrated



Avoid applying make-up in the first 6 hours after treatment



Do not undergo any chemical skin peels/ facial treatments for 2 weeks post treatment



Avoid steam rooms/ sauna/ sunbathing for 24 hours after treatment

Further appointments

2nd treatment;

3rd treatment;